Grade 1 Christian Religious Education

Term 3 - 30 complete lesson plans

Ready to teach, in the KICD lesson-plan format | 30-minute lessons | PDF and editable Word

ABOUT THIS PACK

30 complete, ready-to-teach Grade 1 Christian Religious Education lesson plans for Term 3, covering healing of Simon's mother-in-law, sharing, obedience, honesty, thankfulness, A house of God and A house of prayer.

TOPICS IN THIS PACK

Topic	Name	Lessons
3.5	Healing of Simon's Mother-in-law	6
4.1	Sharing	4
4.2	Obedience	4
4.3	Honesty	4
4.4	Thankfulness	4
5.1	A House of God	4
5.2	A House of Prayer	4

INSIDE EVERY LESSON PLAN

- The specific learning outcomes, key inquiry question, core competencies, values and PCIs, and the resources needed.
- A timed lesson flow: what the teacher does and what the learners do, from introduction to summary.
- The key content (a worked example, notes or a practical with its expected results), then four practice questions with the answers for the teacher.
- The common mistake to watch for, and ideas for learners who need support and for those ready for more.
- A four-level CBC assessment rubric (EE, ME, AE, BE), homework, and a blank reflection space to fill in after teaching.

You also receive this pack as an editable Word file, so you can change any lesson to suit your class before you print it. Lessons follow the order of the KICD curriculum design.

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Helping someone in need

Strand 3.0 The Early Life of Jesus Christ > Sub-strand 3.5 Healing of Simon's Mother-in-law | Lesson 1 of 6 | 30 minutes

SCHOOL	TEACHER	DATE
CLASS / STREAM	TIME	ROLL (B / G)

SPECIFIC LEARNING OUTCOME(S)

By the end of the lesson, the learner should be able to: a) share times I helped someone in need; b) say how it felt

KEY INQUIRY QUESTION(S)

- How did Simon's mother-in-law express gratitude?

CORE COMPETENCIES, VALUES AND PCIS IN THIS LESSON

VALUE	**Gratitude**	Developed through the activities in this lesson.
VALUE	**Love**	Learners help a classmate who is stuck.
PCI	**Health education**	Examples link to healthy habits at home and at school.
PCI	**Social cohesion**	Learners work in harmony, include everyone and settle differences peacefully.

LEARNING RESOURCES

Bible pictures of the healing of Simon's mother-in-law | A children's Bible | Paper and crayons for thank-you notes

ORGANISATION OF LEARNING

Whole class for the introduction and the summary; pairs or groups of four to five for guided practice; individual work for the independent tasks.

KEY WORDS

Simon | mother-in-law | fever | heal | sick | serve | gratitude | thank you

THE LESSON AT A GLANCE

Introduction	Teacher models	Guided practice	On their own	Wrap-up
4 min	7 min	8 min	7 min	4 min

Inside this plan: the step-by-step lesson flow with what the teacher and learners do, the key content, practice questions with answers, a common mistake to watch for, an assessment rubric on the four CBC levels, support and extension ideas, homework and a reflection page.

LESSON FLOW

Stage	Minutes	The teacher	The learners
Introduction	4	Greet the class and ask: "Ask: have you ever helped a friend who was hurt or sad?" Take two or three answers, link them to earlier work, then state today's outcome.	Answer the starter question, recall what they already know and read the outcome aloud.
Step 1: Teacher models	7	Take learners through "Helping others" (bible story and activity on the next page), explaining as you go. Use bible pictures of the healing of Simon's mother-in-law, a children's Bible, paper and crayons for thank-you notes. Ask learners to predict what comes next before you show it.	Watch, predict the next step, ask questions and note the key steps in their exercise books.
Step 2: Guided practice	8	Give questions 1 and 2. Move round the groups, ask "How do you know?" and correct errors kindly on the spot.	Work in pairs or small groups, explain each step to a partner and check one another's answers.
Step 3: Independent practice	7	Set questions 3 and 4 for individual work. Mark as you walk round and note who needs help in the next lesson.	Work on their own, then swap books with a partner to check.
Summary and conclusion	4	Ask two or three learners to state the key idea in their own words. Give this exit question and check the answers: "How does it feel to help?"	Say the key idea in their own words and answer the exit question in the exercise book.

BIBLE STORY AND ACTIVITY

Helping others

When someone is sick, hurt or sad, we can help: call an adult, bring water, keep them company, carry their bag, pray for them.

Role play: a learner falls at break; a friend helps them up and takes them to the teacher.

PRACTICE QUESTIONS - WITH ANSWERS FOR THE TEACHER

No.	Question	Answer
1	Share a time you helped someone.	**Answers vary**
2	What can you do if a friend is sick?	**Call an adult, bring water, keep them company, pray**
3	Act the role play.	**A helping role play**
4	How does it feel to help?	**Answers vary**

WATCH OUT FOR

Learners should not give medicine to others. Always call an adult.

ASSESSMENT RUBRIC - THE FOUR CBC LEVELS

Level	What the learner can do
Exceeds expectations (EE)	Can share times I helped someone in need confidently and accurately, explain the method used, and apply the idea to new or unfamiliar problems.
Meets expectations (ME)	Can share times I helped someone in need accurately in familiar situations; notices and corrects slips without help.
Approaches expectations (AE)	Can partly share times I helped someone in need, or does so with prompts from the teacher or a partner; makes some errors.
Below expectations (BE)	Cannot yet share times I helped someone in need without direct help; needs the idea taught again with concrete objects.

SUPPORT AND EXTENSION

Learners who need support	Give picture choices of helping actions.
Learners ready for more	Help someone this week and tell the class. (Answer: Answers vary)
Inclusion	Seat learners with low vision near the board and read aloud whatever you write; use large, clear, tactile materials; allow extra time; pair with a patient partner; use gestures or Kenyan Sign Language for the key words.

HOMEWORK AND FOLLOW-UP

Redo questions 3 and 4 neatly in the exercise book. Then tell someone at home what you learned about "helping someone in need" and bring one question of your own to ask next lesson.

TEACHER SELF-CHECK

- Did every learner get a turn to handle materials or explain their thinking?
- Did most learners meet the outcome? Write down the names of those who did not.
- Was the pace right — did any step take too long or too short a time?
- Which competency and value did I see learners showing?
- What will I change the next time I teach this lesson?

REFLECTION ON THE LESSON / SELF-REMARKS

Write this after teaching - what worked, what to change, which learners need follow-up.

Jesus heals Simon's mother-in-law

Strand 3.0 The Early Life of Jesus Christ > Sub-strand 3.5 Healing of Simon's Mother-in-law | Lesson 2 of 6 | 30 minutes

SCHOOL	TEACHER	DATE
CLASS / STREAM	TIME	ROLL (B / G)

SPECIFIC LEARNING OUTCOME(S)

By the end of the lesson, the learner should be able to: a) retell the healing (Luke 4:38-39); b) say what Jesus did

KEY INQUIRY QUESTION(S)

- How did Simon's mother-in-law express gratitude?

CORE COMPETENCIES, VALUES AND PCIS IN THIS LESSON

VALUE	**Gratitude**	Developed through the activities in this lesson.
VALUE	**Love**	Learners help a classmate who is stuck.
PCI	**Health education**	Examples link to healthy habits at home and at school.
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KEY WORDS

Simon | mother-in-law | fever | heal | sick | serve | gratitude | thank you

THE LESSON AT A GLANCE

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LESSON FLOW

Stage	Minutes	The teacher	The learners
Introduction	4	Greet the class and ask: "Ask: what does it feel like to have a fever?" Take two or three answers, link them to earlier work, then state today's outcome.	Answer the starter question, recall what they already know and read the outcome aloud.
Step 1: Teacher models	7	Take learners through "Luke 4:38-39 (summarised)" (bible story and activity on the next page), explaining as you go. Use bible pictures of the healing of Simon's mother-in-law, a children's Bible, paper and crayons for thank-you notes. Ask learners to predict what comes next before you show it.	Watch, predict the next step, ask questions and note the key steps in their exercise books.
Step 2: Guided practice	8	Give questions 1 and 2. Move round the groups, ask "How do you know?" and correct errors kindly on the spot.	Work in pairs or small groups, explain each step to a partner and check one another's answers.
Step 3: Independent practice	7	Set questions 3 and 4 for individual work. Mark as you walk round and note who needs help in the next lesson.	Work on their own, then swap books with a partner to check.
Summary and conclusion	4	Ask two or three learners to state the key idea in their own words. Give this exit question and check the answers: "What did she do after she was healed?"	Say the key idea in their own words and answer the exit question in the exercise book.

BIBLE STORY AND ACTIVITY

Luke 4:38-39 (summarised)
Jesus went to the home of Simon (also called Peter). Simon's mother-in-law was very sick with a high fever. People asked Jesus to help her. Jesus stood over her and commanded the fever to leave, and it left her.
At once she got up and began to serve them.

PRACTICE QUESTIONS - WITH ANSWERS FOR THE TEACHER

No.	Question	Answer
1	Whose home did Jesus visit?	**Simon's (Peter's)**
2	What was wrong with Simon's mother-in-law?	**She had a high fever**
3	What did Jesus do?	**Commanded the fever to leave**
4	What did she do after she was healed?	**Got up and served them**

WATCH OUT FOR

Learners with sick relatives may ask why they are not healed. Say we pray and also take sick people to doctors.