

Grade 1 Creative Activities

Term 1 - 70 complete lesson plans

Ready to teach, in the KICD lesson-plan format | 30-minute lessons | PDF and editable Word

ABOUT THIS PACK

70 complete, ready-to-teach Grade 1 Creative Activities lesson plans for Term 1, covering jumping, rhythm, drawing, stretching and painting and colouring.

TOPICS IN THIS PACK

Topic	Name	Lessons
1.1	Jumping	14
1.2	Rhythm	14
1.3	Drawing	14
1.4	Stretching	14
1.5	Painting and Colouring	14

INSIDE EVERY LESSON PLAN

- The specific learning outcomes, key inquiry question, core competencies, values and PCIs, and the resources needed.
- A timed lesson flow: what the teacher does and what the learners do, from introduction to summary.
- The key content (a worked example, notes or a practical with its expected results), then four practice questions with the answers for the teacher.
- The common mistake to watch for, and ideas for learners who need support and for those ready for more.
- A four-level CBC assessment rubric (EE, ME, AE, BE), homework, and a blank reflection space to fill in after teaching.

A TASTE OF LESSON 1

Ways of jumping

By the end of the lesson, the learner should be able to: a) name and show different ways of jumping; b) warm up before jumping

Ways of jumping

We can jump up (high), forward (far), backward, sideways (left and right), on two feet, and hop on one foot.

Coaching points: bend your knees, swing your arms, push off the ground and land softly on the balls of your feet with bent knees.

You also receive this pack as an editable Word file, so you can change any lesson to suit your class before you print it. Lessons follow the order of the KICD curriculum design.