Grade 9 Creative Arts and Sports

CBC NOTES | Terms 1, 2 and 3 - notes for 13 topics

IN EVERY TOPIC

- What you will learn, the key words and key terms explained.
- Clear notes under headings and subheadings, with labelled pictures and step-by-step procedures.
- Comparison tables, and advantages and disadvantages where methods are compared.
- Key points to remember, then multiple-choice and structured questions.
- All the answers and a glossary at the back.

TOPICS IN THESE NOTES

Topic	Name	Term
1.1	Careers in Creative Arts and Sports	1
1.2	Components of Creative Arts and Sports	1
2.1	Drawing and Painting	1
2.2	Rhythm	1
2.3	Athletics and Mosaic	2
2.4	Melody	2
2.5	Rugby	2
2.6	Photography	2
2.7	Descant Recorder	2
2.8	Play	3
2.9	Basketball and Logo Design	3
2.10	Indigenous Kenyan craft	3
3.1	Analysis of Creative Arts and Sports	3

A TASTE OF THE FIRST TOPIC

Careers in Creative Arts and Sports

Eliud Kipchoge, Lupita Nyong'o and Sauti Sol turned their talents into careers that took them around the world. Creative Arts and Sports offer many careers and business opportunities. In this topic we identify careers in visual arts, performing arts and sports, the roles people play in creative and sports spaces, and the entrepreneurial opportunities these areas offer.

CONTENTS

Topic	Name	Term	Page
1.1	Careers in Creative Arts and Sports	1	3
1.2	Components of Creative Arts and Sports	1	6
2.1	Drawing and Painting	1	10
2.2	Rhythm	1	14
2.3	Athletics and Mosaic	2	17
2.4	Melody	2	21
2.5	Rugby	2	24
2.6	Photography	2	27
2.7	Descant Recorder	2	30
2.8	Play	3	33
2.9	Basketball and Logo Design	3	36
2.10	Indigenous Kenyan craft	3	39
3.1	Analysis of Creative Arts and Sports	3	43
	Answers		46
	Glossary		53

Elimu254
Learn • Grow • Build Tomorrow

Strand 1.0 Foundations of Creative Arts and Sports | Term 1

1.1 Careers in Creative Arts and Sports

WHAT YOU WILL LEARN

By the end of this topic you should be able to:

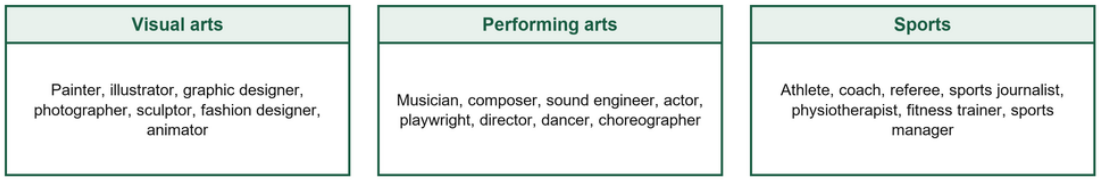
- identify careers in Creative Arts and Sports
- illustrate entrepreneurial opportunities in Creative Arts and Sports

KEY WORDS

career, entrepreneur, performing arts, visual arts, sports science, talent, portfolio.

Eliud Kipchoge, Lupita Nyong'o and Sauti Sol turned their talents into careers that took them around the world. Creative Arts and Sports offer many careers and business opportunities. In this topic we identify careers in visual arts, performing arts and sports, the roles people play in creative and sports spaces, and the entrepreneurial opportunities these areas offer.

1. Careers in Creative Arts and Sports



Careers in Creative Arts and Sports

Each career needs special skills: drawing and colour in visual arts, reading music and playing in music, voice and movement in theatre, and fitness and technique in sport. All need creativity, discipline, teamwork, communication, time management, digital skills and business skills.

2. Roles in creative and sports spaces

Roles in creative and sports spaces

Space	People who work there
Theatre	Director, actors, stage manager, lighting and sound technicians, costume designer
Recording studio	Producer, sound engineer, session musicians
Gallery and exhibitions	Curator, artists, framers
Stadium	Athletes, coaches, referees, medics, groundsmen, commentators

3. Kenyan role models

Kenyan role models

Field	Role models
Athletics	Kipchoge Keino, Eliud Kipchoge, Faith Kipyegon, Ferdinand Omanyala
Rugby	The Kenya Sevens team
Film	Lupita Nyong'o
Literature	Ngugi wa Thiong'o
Music	Sauti Sol
Painting	Elimo Njau

WHAT THEY SHARE

Talent, hard work, training, discipline and integrity: no doping and no plagiarism, and resilience after failure.

4. Entrepreneurial opportunities



Business ideas in Creative Arts and Sports

Designing a business poster

1. Choose a business idea, for example event photography.
2. Give it a name, the service, a picture and a price.
3. Use bold lettering, a clear layout and contrasting colours.
4. Present the poster in one minute.

Online platforms help artists and coaches reach customers. Protect your work with copyright.

5. Training and the value of these careers

- Senior School: the Arts and Sports Science pathway (Performing Arts, Visual Arts, Sports Science).
- Further training: diplomas and degrees in music, film, fine art, design and sports science; technical colleges; apprenticeships; academies and clubs.
- Build a portfolio: artworks, recordings, performance videos and competition results.

These careers create jobs, earn foreign income, promote Kenya globally through tourism and athletics, preserve culture, entertain, educate and promote health. They deserve respect like any other career.

KEY POINTS TO REMEMBER

- Careers exist in visual arts, performing arts and sports.
- Theatres, studios, galleries and stadiums employ many different roles.
- Business ideas include event photography, T-shirt printing, music production and coaching clinics.
- The Arts and Sports Science pathway leads to these careers; build a portfolio.
- Integrity means no doping and no plagiarism.

CHECK YOURSELF: MULTIPLE CHOICE

Choose the correct answer: A, B, C or D. The answers are at the back.

1. Who plans and leads the dance movements of a performance?
A. Curator
B. Choreographer
C. Sound engineer
D. Referee

2. A curator mainly works in a
A. gallery
B. stadium
C. recording studio
D. swimming pool

3. Which is an entrepreneurial opportunity in sports?
A. Signwriting
B. Music production
C. Coaching clinics
D. Logo design

4. A collection of a learner's best artworks and recordings is a
A. manifesto
B. budget
C. contract
D. portfolio

5. Which Kenyan is a role model in film?
A. Lupita Nyong'o
B. Faith Kipyegon
C. Ferdinand Omanyala
D. Kipchoge Keino

ANSWER THESE

1. Name two careers each in visual arts, performing arts and sports. (6 marks)

2. State four people who work in a theatre. (4 marks)

3. Give four entrepreneurial opportunities in Creative Arts and Sports. (4 marks)

4. Explain three ways careers in Creative Arts and Sports benefit Kenya. (6 marks)

Elimu254 Learn • Grow • Build Tomorrow

Strand 1.0 Foundations of Creative Arts and Sports | Term 1

1.2 Components of Creative Arts and Sports

WHAT YOU WILL LEARN

By the end of this topic you should be able to:

- describe the elements of a play
- perform activities demonstrating the components of fitness
- name pitches on the grand stave
- group music notes in 4/4 time incorporating note extension
- construct the scale of F major on a staff

KEY WORDS

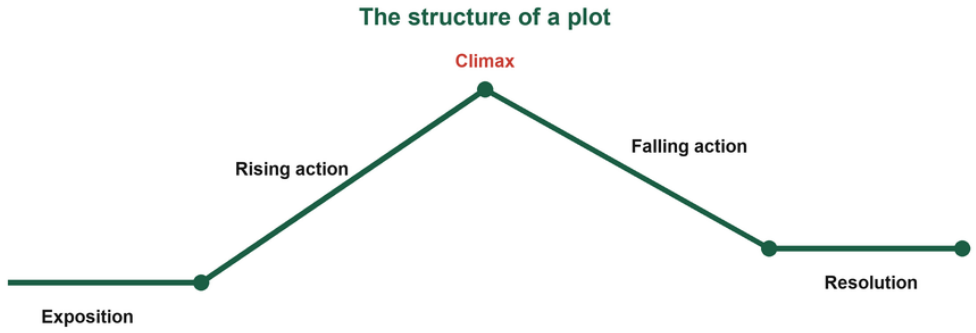
plot, character, setting, fitness, grand stave, treble clef, bass clef, dotted note, tie, F major, B flat.

Every art and sport is built from basic elements. A play has plot and characters, fitness has strength and speed, and music has pitch, rhythm and scales. In this topic we describe the elements of a play, perform activities for the components of fitness, name pitches on the grand stave, group notes in 4/4 time and construct the scale of F major.

1. Elements of a play

Elements of a play

Element	Meaning
Plot	The sequence of events
Characters	The people in the play
Setting	Time and place
Theme	The main message
Dialogue	What the characters say
Conflict	The struggle or disagreement that drives the story
Stage directions	Instructions on movement, mood and setting
Audience	The people the play is performed for



The structure of a plot

> **A short extract**
> Two friends argue over a lost phone (conflict) at a school gate (setting).
> In the end they learn the value of honesty (theme).

2. Components of fitness

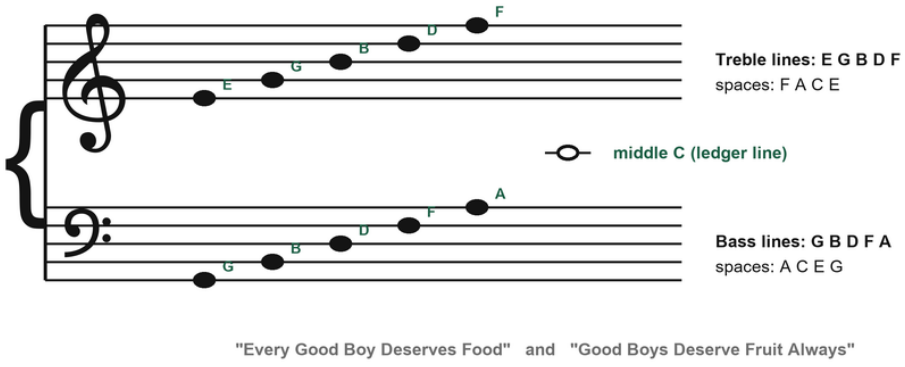
Components of fitness

Health-related	Activity	Skill-related	Activity
Cardiovascular endurance	Jogging, skipping	Speed	Sprints
Muscular strength	Push-ups, squats	Agility	Zigzag runs
Muscular endurance	Wall sits, planks	Balance	One-leg stands
Flexibility	Stretches	Coordination	Ball juggling
Body composition	Healthy balance of fat and muscle	Power and reaction time	Standing jumps; catching a dropped ruler

DOPING

Performance enhancers are banned drugs that harm the heart, liver and hormones. Using them is cheating and leads to bans; the Anti-Doping Agency of Kenya tests athletes. Fitness comes from training, rest and good food.

3. The grand stave



The grand stave

Naming notes on the grand stave

Stave	Lines (bottom up)	Spaces (bottom up)
Treble	E G B D F: "Every Good Boy Deserves Food"	F A C E
Bass	G B D F A: "Good Boys Deserve Fruit Always"	A C E G: "All Cows Eat Grass"

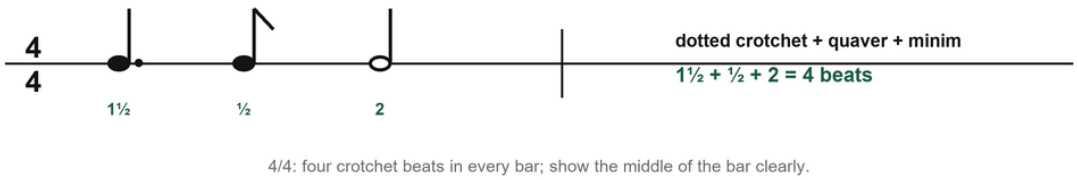
The grand stave joins a treble stave (higher notes) and a bass stave (lower notes) with a brace. Middle C sits on a ledger line between them and is the same pitch whether written below the treble stave or above the bass stave.

4. Note values and grouping in 4/4

Note values

Note	Beats in 4/4
Semibreve	4
Minim	2
Crotchet	1
Quaver	½
Dotted minim	2 + 1 = 3
Dotted crotchet	1 + ½ = 1½

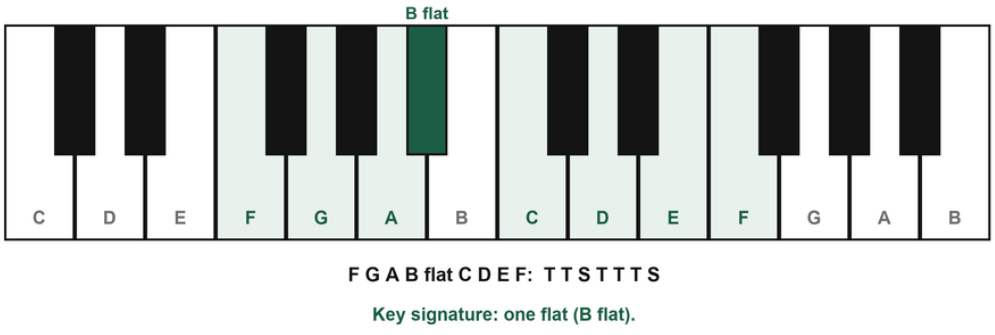
A dot adds half the note's value. A tie joins two notes of the same pitch into one longer sound: a minim tied to a crotchet lasts 2 + 1 = 3 beats.



Grouping notes in a bar of 4/4

Checking a bar
Dotted crotchet + quaver + minim = 1½ + ½ + 2 = 4 beats.
Group quavers in beats so the middle of the bar is clear.
If a note would hide the middle of the bar, split it and use a tie.

5. The scale of F major



The scale of F major

- A major scale follows the pattern tone, tone, semitone, tone, tone, tone, semitone (T T S T T T S).
- Starting on F: F G A B flat C D E F. B is flattened to give the semitone between A and B flat.
- Key signature: one flat (B flat), on the middle line of the treble stave and the second line of the bass stave.
- Tonic solfa: F doh, G re, A mi, B flat fa, C so, D la, E ti, F doh.